













Cruise selection 2023

ANTARCTICA • ARCTIC • CARIBBEAN & SOUTH AMERICA • MEDITERRANEAN NORTHERN EUROPE • INDIAN OCEAN & ASIA • POLYNESIA

2023, hues of blue

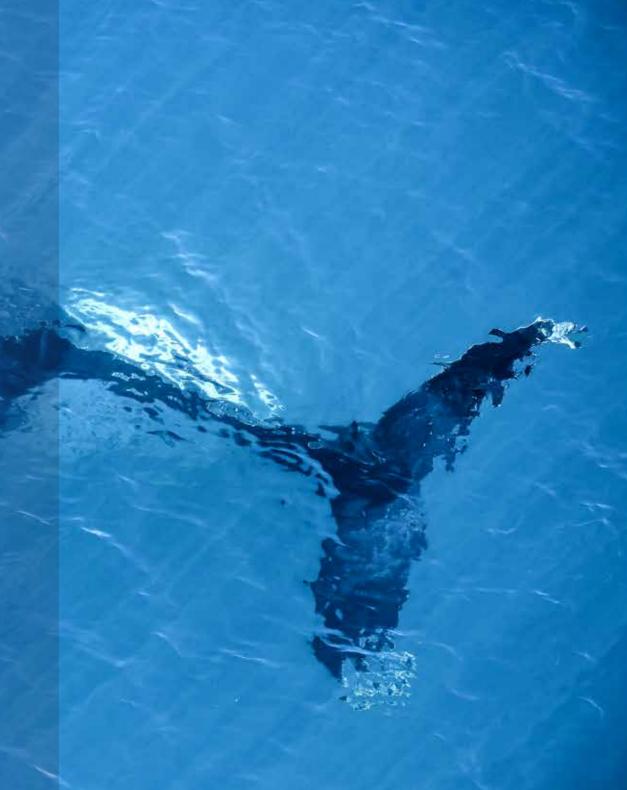
A famous French song says, "people from the north have the blue in their eyes that's missing from their decor". Perhaps people from the south have blue in their hearts, their eyes turned to the endless horizon. From the turquoise which transports us to exotic places to the navy blue which suggests the depths of the Atlantic, blue sets the tone for this 2023 brochure.

Sometimes azure, sometimes indigo (like in the Mediterranean), blue promises the most beautiful summers and the fairest of skies. Cerulean in the Caribbean, cobalt in Northern Europe, ice-blue at the poles, it enchants, impresses and amazes in all seasons. It takes us along legendary sea routes all around the globe. It comes to life in the seas and oceans at the ends of the earth, which scientists study on board *Le Commandant Charcot*. It outlines the contours of the beautiful Polynesian islands. It accompanies the traveller on each of their journeys.

We've designed our journeys as varied and rich in experiences, giving meaning to each stopover. Discover the iconic itineraries that have made our reputation, from our "once-in-a-lifetime" must-sees to our "never-before-seen" adventures. In addition to the selection presented here, the 2023 calendar shows you all of the year's departures. It's an opportunity to (re)discover inspiring journeys... journeys which ignite your desire to escape to all four compass points of our blue planet.

See you on board soon,

Hervé Gastinel
President of PONANT





Ten reasons to sail with PONANT



Travel expertise

Our specialists have been exploring the world in search of natural and cultural gems and treasures for thirty years. For the expedition cruises, they meet local populations and local authorities, assess the level of safety and security, and assemble a team of experts to guide and accompany you. For the yacht cruises, they choose fabled or secret, hidden and out-of-the-way ports of call offering new discoveries and experiences and a sense of the exotic.



Responsible travelling

In the polar regions, we are members of IAATO and AECO organisations, which bring together stakeholders in the polar area to develop more responsible tourism. We have obtained various certifications, including Bureau Veritas' Cleanship certification for our fleet.



Cultural enrichment

Each season, we create voyages imbued with a sense of meaning articulated around four major themes: Planet, Culture, Art of Living and Geopolitics. In order to provide you with unique experiences, we call on the expert skill and knowledge of our renowned partners, represented on board by inspiring artists, historians, researchers and journalists.



A more sustainable form of tourism

Through our foundation and our PONANT Blue Horizon and PONANT Science programmes, we go to considerable efforts to reduce our impact both on land and at sea (elimination of heavy fuel oils, the use of hybrid propulsion, waste and wastewater recycling and treatment, elimination of single-use plastics, etc.), and to contribute to scientific research (hosting researchers on board *Le Commandant Charcot*).



A safe, modern fleet

We are one of the few cruise companies to sail under the French flag – one of the safest in the world. We thus adhere to a range of strict requirements governing the training of our teams and compliance with health and safety protocols.

Our intimately sized ships have between 16 and 165 cabins only and are equipped with the most advanced technologies available to ensure we sail and navigate in a responsible manner.

Lifestyle

Experience the comfort and elegant design of the public areas on board our ships. The swimming pool (except on *Le Ponant*), the fitness centre, the spa in partnership with famous brands (Hermès, Clarins, Diptyque, Biologique Recherche, Sothys and Algotherm) and the restaurants and bars all offer you a warm, welcoming and friendly atmosphere. Additionally, the onboard theatre also provides a venue for film projections, talks and conferences, and shows.





Dining with PONANT

Prepare to be delightfully surprised by a range of generously portioned cuisine designed and put together by Ducasse Conseil. On the menu: fine breakfasts, à la carte dishes and varied buffets, home-made bread and pastries prepared on board, tea time specialities and luxury food and drink tastings. The service we offer on board *Le Commandant Charcot* now includes Nuna, a restaurant by Alain Ducasse featuring a menu devised and put together by the multiply Michelin-starred chef himself.

A complete offer

Everything is included on our cruises: full board: drinks (excluding the premium menu); room service; internet access; shows and entertainment; talks and conferences; access to the fitness area, the steam room or the sauna: and sea-based activities (except scuba diving). On the polar expedition cruises, the services of the naturalistguides, the excursions, the onshore activities and the disembarkations by inflatable boat are all included. We also provide you with a parka and the loan of boots.



Your benefits

Advantages for solo passengers, family and friends, honeymoons and wedding anniversaries, cruise series, the referral programme, or PONANT Yacht Club loyalty programme: there are advantages for everyone!

Find all our offers by scanning this OR code:



Tailor-made voyages

Our "À la carte" service enables you to book private excursions, nights in hotels and flights directly through our own travel consultants. For certain difficult-to-reach destinations, we even offer private flights and transfers. *Le Commandant Charcot* cruise guests also benefit from their own dedicated concierge service. Once you've booked, download the PONANT app and use it to guide you both before and during your voyage.







LE COMMANDANT CHARCOT

The first French ship to have reached the North Pole, and the only French ship of scientific opportunity able to navigate through the ice, *Le Commandant Charcot* offers you the experience of a uniquely different kind of polar adventure.

LEGENDARY ROUTES

William Baffin, Roald Amundsen, Jean-Baptiste Charcot, Paul-Émile Victor... The sea routes of the Far North are studded with the names of the great polar explorers. Retrace legendary routes and discover almost completely unexplored and unmapped coasts and shores on board *Le Commandant Charcot*.

RESPECT FOR THE ECOSYSTEMS

Le Commandant Charcot is packed with the most advanced technologies available in terms of reducing its impact on the environments visited. In particular, this first ever hybrid-electric liquefied natural gas powered extreme polar exploration ship combines energy recycling and quayside onshore power connections with waste reduction and elimination of single-use plastics.

A UNIQUELY GUIDED EXPERIENCE

The captains, officers and expedition team on board have in-depth knowledge of the polar regions. They ensure your safety while at the same time guaranteeing you the best possible experience each day. Made up of 23 experts – unique for polar cruises – the expedition team makes it possible for you to enjoy a fully immersive experience of the poles, notably through the many activities offered that imbue your voyage with meaning, such as kayaking, snowshoe trekking and polar plounge.

SCIENCE ON BOARD

In keeping with our aim of promoting a more sustainable form of tourism, we actively support scientific research through the PONANT Science project. On board *Le Commandant Charcot*, international researchers can perform the same measurements year after year at often inaccessible sites and continuously record the data collected, thus furthering knowledge about these environments on an international scale.

A SUBLIMELY ENHANCED POLAR EXPERIENCE

Le Commandant Charcot features spaces never before seen on board our fleet. The Blue Lagoon (an outdoor pool heated using recuperated energy), the indoor pool, the snow cabin, the detox bar and the uninterrupted exterior promenade deck provide a complete connection with the outside scenery. When it comes to eating and dining, chef Alain Ducasse and his teams serve a range of fine, high-quality contemporary French cuisine.

A DEDICATED CONCIERGE SERVICE

The mission of the travel concierge service is to offer you tailored services such as private transfers, access to airport lounges, services at home during your absence and personalised shore excursions. You can contact them on +33 (0)491266220 or by email at conciergerievoyage@ponant.com.



The Geographic North Pole

LONGYEARBYEN · LONGYEARBYEN

Le Commandant Charcot:
18 days/17 nights on board, 10th July 2023
16 days/15 nights on board, 27th July and 11th August 2023

LONGYEARBYEN · REYKJAVÍK

Le Commandant Charcot: 16 days/15 nights, 26th August 2023

From €29,720 (1)

No single supplement (2)











Objective 90° North! Experience the ultimate pleasure of being amongst the few people to have departed on a quest to the North Pole, a place that inspired the dreams of some of the greatest explorers and lies 700 kilometres from the nearest land.

INCLUDED IN YOUR CRUISE (4):

Paris/Longyearbyen return flights and transfers between the airport and the port. 26th August departure: flight and transfer only before embarkation.





The Northwest Passage

REYKJAVÍK · NOME, ALASKA

Le Commandant Charcot: 25 days/24 nights on board, 11th September 2023

From €37,860 (1)











Explore the immensity of the world of the Arctic on this more than three-week-long polar odyssey. You will pass through the legendary corridor that is the Far North and taking the time to appreciate all its riches, such as its people, its spectacular scenery, its wildlife and its fabled ports of call.

INCLUDED IN YOUR CRUISE (4):

Nome/Seattle return flight and transfer from the port to the airport the day of disembarkation.





Emblematic Antarctica

USHUAIA • USHUAIA

12 days/10 nights on board

L'Austral, Le Boréal and Le Lyrial: many departures in

January, February, November and December 2023

From €8,400 (1)

No single supplement (2)

€1,500 flight credit OFFERED (3)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Buenos Aires/Ushuaia return flights, an overnight in Buenos Aires the day before embarkation and transfers between the airport and the port.



Embark for your first experience of exploring the stunning landscapes and scenery of the Antarctic Peninsula and its rich wildlife, such as humpback whales, gentoo, Adélie and chinstrap penguins and leopard, crabeater and Weddell seals.



The great adventure

MONTEVIDEO • USHUAIA

16 days/15 nights on board

Le Lyrial: 7th November

L'Austral: 4th March 2023,
reversed itinerary of 17 days/15 nights

From €10,670 (1)

No single supplement (2)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: the flight Ushuaia/Buenos Aires and the transfer from the port to the airport. 4th March departure: the programme also includes an overnight stay in Buenos Aires.



Jean-Baptiste Charcot, Adrien de Gerlache, Ernest Shackleton: follow in the traces of these great Antarctic explorers as you visit the White Continent and South Georgia, home to impressive breeding colonies of king penguins.

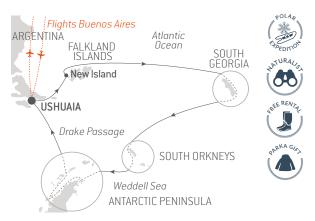


The Antarctic Odyssey

USHUAIA • USHUAIA

18 days/16 nights on board L'Austral: 4th November 2023 From €15,580 (1)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Buenos Aires/Ushuaia return flights, an overnight in Buenos Aires the day before embarkation and transfers between the airport and the port.



The Falkland Islands, South Georgia, the South Orkney Islands, the White Continent... Live a timeless adventure beyond the Screaming Sixties on the most comprehensive Antarctic Peninsula cruise offered on board our Sisterships.



Fjords and glaciers of Spitsbergen

LONGYEARBYEN • LONGYEARBYEN

8 days/7 nights on board

L'Austral and Le Boréal: many departures in May,

June and July 2023

From €7,990 (1)

No single supplement (2)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Paris/Longyearbyen return flights and transfers between the airport and the port.



Following in the traces of trappers and the great explorers, explore the impressive fjords of Bellsund (the latter one of Svalbard's most iconic) as well as the Monacobreen glacier, a gigantic tongue of ice overlooked by Spitsbergen's uniquely characteristic mountains.



Expedition to the Thule Region

KANGERLUSSUAQ • KANGERLUSSUAQ

17 days/16 nights on board L'Austral: 25th July and 10th August 2023 From €15,330 ⁽¹⁾

No single supplement (2)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Paris/Kangerlussuaq return flights and transfers between the airport and the port.



A legendary land of the Far North, this region is made up of landscapes punctuated by ice caps, sea ice, glaciers, icebergs and the High Arctic tundra of Thule. Prepare to be charmed and captivated by the incredibly rich wildlife and your encounters with the Inuit people.



Greenland of great explorers

LONGYEARBYEN • KANGERLUSSUAQ

15 days/14 nights on board L'Austral: 28th June 2023 From €13,230 (1)

No single supplement (2)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Paris/Longyearbyen and Kangerlussuaq/Paris flights and transfers between the airport and the port.



Follow the eastern coast of Greenland, famous for its unspoiled nature and its sea ice, which is brought by the Transpolar Drift Stream. Following in the traces of the great French explorers, set sail for the remote volcanic island of Jan Mayen and the Ittoqqortoormiit region, the abode of the last remaining polar hunters.



Historic Cities of the Baltic Sea

STOCKHOLM • COPENHAGEN

9 days/8 nights on board

Le Champlain: 7th July 2023

and 2nd August 2023 (reversed itinerary)

From €5,350 (1)

No single supplement (2)

€500 flight credit OFFERED (3)

Explore the region further, in 9 nights, with an additional stopover in Klaipeda, Lithuania. Departure from Helsinki on 24th July 2023.



Embark for the authentic experience of a voyage around the edge of the Baltic Sea taking in eight Northern European countries, and visit and discover UNESCO World Heritage Sites, such as the historic centre of Riga, Suomenlinna sea fortress (from Helsinki) and the Old Town of Tallinn.



From the Baltic Sea to the North Sea

COPENHAGEN • OSLO

11 days/10 nights on board Le Champlain: 18th August 2023 From €7,520 (1)



Embark for a unique voyage exploring the beauty of Northern Europe. Cultures, history, landscapes: prepare to be charmed and captivated by the richness of the iconic cities and UNESCO World Heritage Sites visited, such as the naval port of the Swedish city of Karlskrona, a new port of call.



Musical Adventure in Celtic Lands

DUBLIN • GLASGOW

8 days/7 nights on board L'Austral: 27th April 2023 From €3,710 (1)



€250 flight credit OFFERED (3)



Whether simple connoisseurs or *bona fide* aficionados, discover the lands of the Celtic legends in music on this voyage featuring the presence of Alain Duault and performances from a series of renowned artists. The programme notably includes the mysterious Giant's Causeway, a UNESCO World Heritage Site.



Ancient Treasures of the Mediterranean

ATHENS • ISTANBUL

8 days/7 nights on board

Le Lyrial: 6th July 2023

Le Jacques-Cartier: 2nd August 2023

From €3,230 (1)

6th July departure: €300 flight credit OFFERED (3)



Patmos, Mykonos, UNESCO World Heritage inscribed ancient sites such as the Theatre of Epidaurus, uniquely charming beaches, navigating through the Dardanelles Strait to reach the Turkish coast... Prepare to be charmed by this plunge into the very heart of the islands and coastlines of Greece.



Antique wonders of the Aegean

ISTANBUL • ISTANBUL

12 days/11 nights on board Le Lyrial: 13th and 24th July 2023 From €5,020 (1)

No single supplement (2)

€300 flight credit OFFERED (3)



Criss-cross the Aegean Sea and immerse yourself in the world of the Cyclades in the form of the sublimely beautiful islands of Milos, Paros, and Hydra; and the Dodecanese, in the form of Symi and Patmos. This voyage finishes with a novel and unique port of call at Bozcaada, famous for its idyllic beaches.



Malta, Italian shores and Isle of Beauty

NICE • VALLETTA

11 days/10 nights on board

Le Bougainville: 1st August 2023

From €6,080 (1)

Also enjoy a 6-night getaway between Valletta and Nice, on 17th May 2023, to discover most of the coastline of the Tyrrhenian Sea.



You will set sail for Corsica, where you will have the opportunity to explore Calvi. From the Italian shores of Portofino and novel ports of call such as Comino and Giglio to the charming village of Porto Ercole, your voyage will take you visiting a range of locations before eventually finishing at Valletta, former stronghold of the Knights Hospitaller.

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In the heart of the West Indies

BRIDGETOWN • VIEUX-FORT

9 days/8 nights on board Le Dumont-d'Urville: 5th March 2023 From €3,450 (1)

No single supplement (2)



Sail as close as possible to the most enchanting islands of the Caribbean Sea. Explore the long white sandy beaches and gentle Creole way of life of Saint Lucia and the Grenadines archipelago and enjoy multiple opportunities to see and observe the amazing underwater world of the seabeds.



Exploring the Chilean Fjords

USHUAIA • USHUAIA

15 days/13 nights on board Le Lyrial: 2nd March 2023 From €8,070 (1)

€1,500 flight credit OFFERED (3)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Buenos Aires/Ushuaia return flights, an overnight in Buenos Aires before embarkation and transfers between the airport and the port.



Winding channels, snow-capped mountains and superb glaciers: welcome to the magic of the Chilean fjords. Setting sail first for Tortel and its stilt houses, you will then experience the fascinating spectacle of the impressive Pie XI and El Brujo glaciers before joining the legendary Strait of Magellan.



Wild Nature between Argentina and the Falkland Islands

USHUAIA • BUENOS AIRES

16 days/14 nights on board Le Lyrial: 15th March 2023 From €7,090 (1)

No single supplement (2)

€800 flight credit OFFERED (3)

INCLUDED IN YOUR CRUISE ⁽⁴⁾: Buenos Aires/Ushuaia return flights, an overnight in Buenos Aires before embarkation and transfers between the airport and the port.



Explore Tierra del Fuego and discover a world of wild, unspoiled nature and a rich range of wildlife – such as gentoo and Magellanic penguins, fur seals, killer whales, sei whales and Commerson's dolphins – on this five-day cruise around the Falkland Islands and the Argentinian province of Chubut.



The Essential Seychelles

VICTORIA, MAHÉ • VICTORIA, MAHÉ

9 days/8 nights on board

Le Jacques-Cartier: 11th January and 20th February 2023;

Le Champlain: 13th February and 28th March 2023;

Le Bougainville: 22nd February and 2nd March 2023

From €3.760 (1)



Intriguing Indonesia

BENOA, BALI • SINGAPORE

10 days/9 nights on board

Le Lapérouse: 7th and 31st March 2023 (reversed itinerary)

From €5,590 (1)



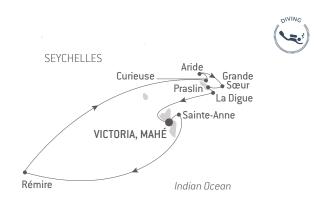
Expedition in the Seto Inland Sea

OSAKA • FUKUOKA

8 days/7 nights on board Le Soléal: 15th May 2023 From €5,130 (1)

No single supplement (2)

€800 flight credit OFFERED (3)



The perfect introduction to the Seychelles, this itinerary takes you exploring eight heavenly islands. From a novel port of call at the coral island of Rémire to the UNESCO inscribed Vallée de Mai Nature Reserve on the island of Praslin, prepare to be spellbound by the picture-postcard scenery.



This unique voyage to the world's largest archipelago offers the opportunity to discover Komodo National Park and its famous dragons, Tanjung Puting National Park and its orangutans, and the still-active volcano Mount Bromo, as well as the chance to meet local populations.



Embark for the world's first expedition cruise in the Seto Inland Sea. Iconic temples and retreats, towns and cities replete with legends, traditional fishing villages... Experience the irresistible wonders of this unique and exceptional itinerary offering a strikingly contrasting combination of land and sea.

Paul Gauguin CRUISES

In 2019, PAUL GAUGUIN Cruises joined the PONANT family while keeping its personality: its international and relaxed atmosphere, and its destination expertise. An atmosphere that is decidedly different from the company's other ships.

Tahiti & Society Islands

Papeete · Papeete

Cruise of 8 days/7 nights, Paris/Papeete return flights and pre- and post-cruise programmes included

Le Paul Gauguin: 6th and 13th May and 10th, 17th and 24th June 2023

From €4,680 € instead of €5,180 (1) thanks to the flight credit

No single supplement (2)

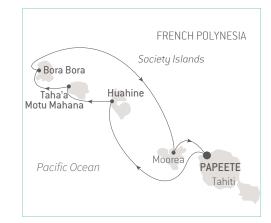
€500 flight credit OFFERED (3)



Crystal-clear lagoons, idyllic beaches, tropical forests and mountainous peaks: the perfect first-time experience of French Polynesia. This wonderful voyage will also introduce you to the traditional riches and customs of a warm, friendly people.

INCLUDED IN YOUR PACKAGE (4):

your flights and pre- and post-cruise stays in the Serenity Package. However, you can choose the package that best suits your needs.



Find all our detailed packages by scanning this QR code:





All packages include

THE 8 DAYS/7 NIGHTS CRUISE AND THE PARIS/PAPEETE RETURN FLIGHTS.

SERENITY PACKAGE	BEFORE YOUR CRUISE One night at the InterContinental Tahiti Resort & Spa 4*, Papeete
From €4,680 instead of €5,180 (1)	AFTER YOUR CRUISE Visits and a daytime room at the Hilton Tahiti 4*, Papeete

COMFORT

From €6,010 instead of €6,510 (1)

DISCOVERY

PACKAGE

From €8,560

instead of €9,060 (1

IMMERSION

PACKAGE

From €9,660

instead of €10,160

BEFORE YOUR CRUISE

One night at the InterContinental Tahiti Resort & Spa 4*, Papeete

PACKAGE AFTER YOUR CRUISE

- \bullet Three nights at the Sofitel Kia Ora Moorea Beach Resort 5^* and one daytime room at the Hilton Tahiti $4^*,$ Papeete OR
- $\ \, \hbox{-Three nights at the InterContinental Bora Bora} \ \, \hbox{Resort \& Thalasso Spa 5*} \\ and one daytime room at the InterContinental Tahiti Resort \& Spa 4*, Papeete \\ \ \, \hbox{---}$

BEFORE YOUR CRUISE

• One night at the Tahiti by Pearl Resorts 4*, Papeete

- The flight Papeete/Hiva Oa (Marquesas Islands)
 Three nights at the Hanakee Lodge 3* and visits
- The flight Hiva Oa/Nuku Hiva (Marquesas Islands)
- Three nights at the Nuku Hiva by Pearl Resorts 3* and visits
- The flight Nuku Hiva/Tahiti

AFTER YOUR CRUISE

Visits and one daytime room at the Hilton Tahiti 4*, Papeete

BEFORE YOUR CRUISE

- One night at the Tahiti by Pearl Resorts 4*, Papeete
- The flight Papeete/Hiva Oa (Marquesas Islands)
- Three nights at the Hanakee Lodge 3* and visits
- The flight Hiva Oa/Nuku Hiva (Marquesas Islands)
- Three nights at the Nuku Hiva by Pearl Resorts 3* and visits
- The flight Nuku Hiva/Tahiti

AFTER YOUR CRUISE

- \bullet Three nights at the Sofitel Kia Ora Moorea Beach Resort 5^\star and one daytime room at the Hilton Tahiti 4^\star , Papeete OR
- $\hbox{-Three nights at the InterContinental Bora Bora} \ Resort \& \ Thalasso \ Spa 5^* and one daytime room at the InterContinental Tahiti Resort \& \ Spa 4^*, \ Papeete \\$





Cook Islands & Society Islands

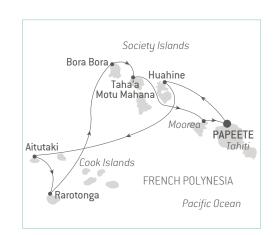
Papeete · Papeete

12 days/11 nights on board Le Paul Gauquin: 15th April and 20th May 2023 From €4,930 (1)

No single supplement (2)



Deepen your knowledge of the region by combining the beauty of the islands of French Polynesia with the wonderful Cook Islands. Prepare to be captivated by Aitutaki, considered one of the most beautiful of the islands of the South Pacific, and Rarotonga, with its lush valley of Takuvaine.





Your comfort and relaxation programmes

In order to combine comfort and relaxation, we propose to extend your trip with programmes specially created for you.

Before your cruise

1 NIGHT IN PAPEETE

At the InterContinental Tahiti Resort & Spa 4*

7 NIGHTS, MARQUESAS ISLANDS

For the 20th May departure: Marguesas Islands, discover "the Land of Men"

After your cruise

1 DAY IN PAPEETE

One daytime room at the Hilton Tahiti 4*

1 NIGHT IN PAPEETE

At the Hilton Tahiti 4*

3 NIGHTS

- At the InterContinental Bora Bora Resort & Thalasso Spa 5*
- At the Sofitel Kia Ora Moorea Beach Resort 5*

INFORMATION & RESERVATIONS

Please contact your usual travel agency or PONANT advisors UK: 0808 23 43 802

Belgium: 02 647 37 05 | Switzerland: 0800 552 741 Rest of the world: +33 4 91 16 16 27

reservation@ponant.com | www.ponant.com

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PONANTCruises





